



NATIONAL MENOPAUSE SHOW

Evidence Based, Expert Led

OCTOBER 4 & 5, 2025

ANAHEIM CONVENTION CENTER

For Immediate Release

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Tickets Now on Sale for the National Menopause Show in Anaheim, CA

First-time Event in the U.S. Scheduled for October 4 & 5, 2025

Anaheim, CA (July, 29 2025)—Following a groundbreaking debut in Toronto in 2024, the [National Menopause Show](#) is making its highly anticipated U.S. launch this fall. The event will take place **October 4–5, 2025**, at California’s Anaheim Convention Center, the largest convention center on the West Coast.

Timed during World Menopause Month, the **National Menopause Show** is a celebration of midlife as a time of strength and transformation, not silence. From hormone health to mental wellness, intimacy, lifestyle and beyond, this event will offer insight and community for those seeking information and inspiration. Attendees can expect two days of candid conversations, science-backed education and opportunities to connect with experts and community members alike.

“Menopause has been ignored, dismissed and stigmatized for far too long,” said Angela Macgregor, **spokesperson for the National Menopause Show**. “The National Menopause Show is about rewriting the narrative, elevating the science and reclaiming power over our health. It’s time for menopause to have its own moment to take center stage.”

Key Topics Will Include:

- Hormone and Sexual Health
- Skincare During Menopause
- Workplace Wellness and Advocacy
- Mental and Emotional Well-being
- Longevity and Preventative Health
- Latest Menopause Research and Innovations

Expert Advisory Board Members:

- Dr. Carrie Jones – Hormone health expert
- Dr. Eve Henry – Longevity medicine specialist



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- Dr. Amy Louis-Bayliss – Co-founder, Lume Women’s Health
- Cynthia Thurlow, NP – Menopause and intermittent fasting expert

Sponsorship and Exhibitor Opportunities:

With more than 3,000 attendees at its inaugural event and an even larger audience expected in Anaheim, the National Menopause Show is a powerful platform to connect with engaged, health-conscious women in their 30s through 60s and beyond. Sponsorship and exhibitor [applications](#) are now open.

Event Details:

- **Date:** October 4–5, 2025
- **Location:** Anaheim Convention Center, 800 W Katella Ave, Anaheim, CA 92802
- **Tickets:** [Buy Now](#)

\$45 – 2-Day Full Conference Pass

Experience the full weekend of connection, learning and inspiration. Ticket includes:

- Two days of in-person education and sessions
- Full access to the exhibition floor
- Access to the official event app
- On-demand access to recorded sessions after the show

\$35 – Single Day Pass

Join us for one powerful day of insight and community. Ticket includes:

- One day of in-person education and sessions
- Access to the exhibition floor
- Access to the official event app
- On-demand access to recorded sessions after the show

\$25 – On-Demand Ticket

Attend virtually on your schedule. Ticket includes:

- Access to the official event app
- On-demand access to all recorded post-show sessions

For more information, visit nationalmenopauseshow.com/anaheim.

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